



BDA Solvency Immersion Conference

Hosted by BDA Workshops

(BDA members helping BDA members ... and DA members too)

Conference Survey Results
January through June 2025
77% Survey Response Rate

This is a summary of participant surveys for a 26-session intensive cycle of recovery workshops for Debtors Anonymous and Business Debtors Anonymous members who own, operate, manage, or work for businesses, either for-profit or not-for-profit (using conference-approved literature from DA, BDA, and AA and workshop materials developed by active BDA members in 2020 and revised in 2021, 2022, 2024)

THE BDA SOLVENCY IMMERSION CONFERENCE

During this BDA Conference, we covered most of the 12s in DA and BDA — Steps, Traditions, DA and BDA Tools, and DA Promises (see our contact page at www.bdasolvency.org/contact for downloadable pdfs of each list).

For the primary program principles, tools, and promises, we offered specific applications for DA and BDA members who own, operate, manage, or work for businesses, either for-profit or not-for-profit.

Each numbered set of recovery topics (i.e., Step One, Tradition One, DA Tool One, BDA Tool One, and Promise One) was allotted two workshop sessions.

NOTES: All pictures in this survey report / presentation are stock images. We hold our workshops by zoom video conference, and no pictures are ever taken; we do record audio of our speakers. Our anonymity is vital to our recovery.

The theme for this report is "*Pursuing Peace, Harmony, and Improved Conscious Contact*"



Images were selected for their beauty, not to suggest affiliation with any spiritual belief system.





OUR SURVEY INCLUDES THREE DISTINCT PARTS

- General Experiences
- Connections and Cycle Goals
- Personal Progress in DA and BDA

We asked a total of 19 questions, including 11 opportunities to give ratings of 1—5 where:

1. Poor
2. Okay
3. Good
4. Great
5. Excellent



OUR NUMERICAL SCORES FOR GENERAL EXPERIENCES

Experiences of *After Party*

(<https://www.bdasolvency.org/about-after-party>)

Rating: 4.8 of 5 96% of 100 A

Experiences of *Fellowship Drop-In*

(<https://www.bdasolvency.org/about-fellowship-drop-in>)

Rating: 4.7 of 5 94% of 100 A

Workshop sessions and materials

(<https://www.bdasolvency.org/workshop-overview>)

Rating: 9.8 of 10 98% of 100 A+

Overall scores for part 1: Rating: 4.8 of 5 96% of 100 A

Do you have any suggestions to offer to future conference registrants based on your experience, strength, and hope?

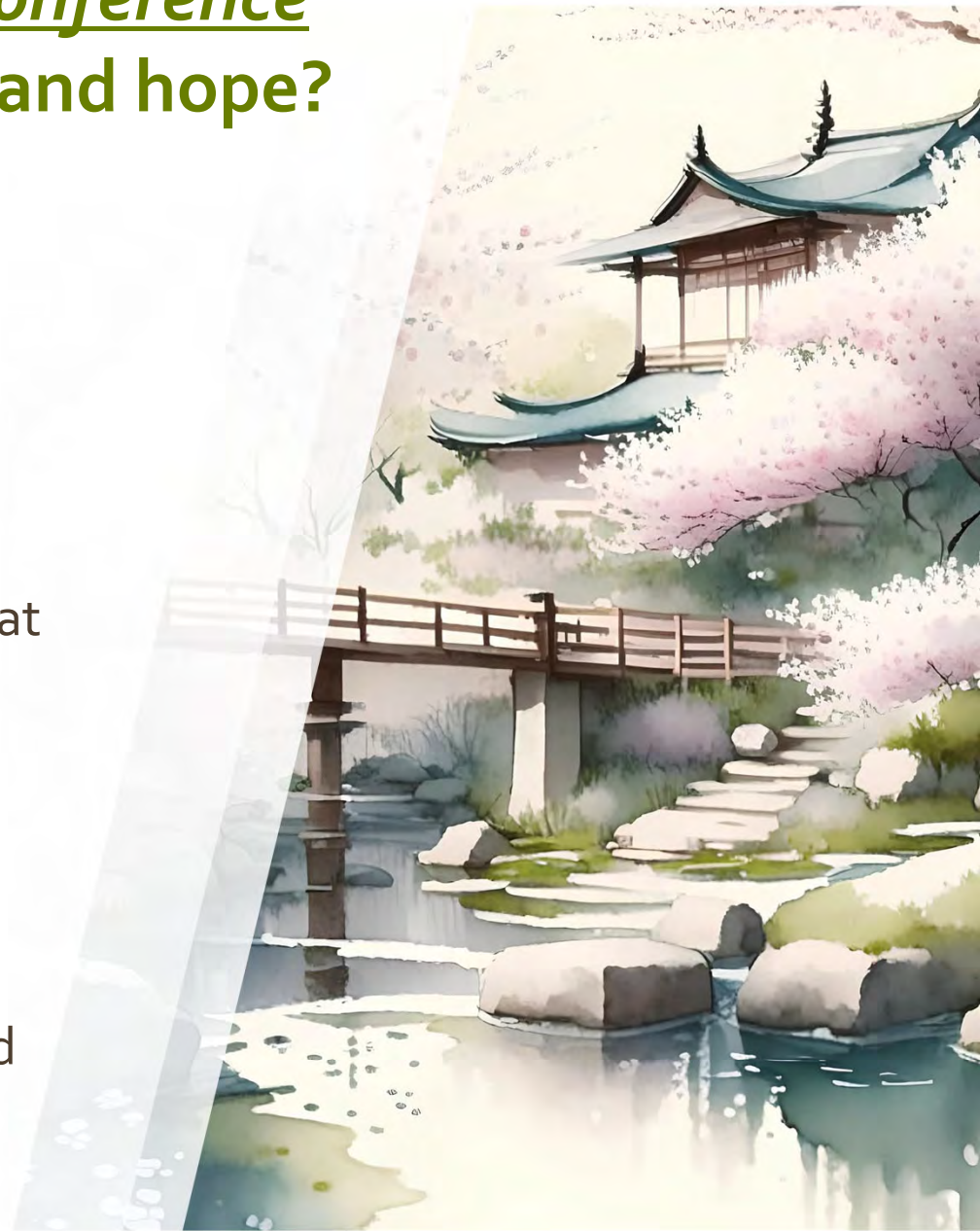
This is a robust program, and worth revisiting!

There is a wealth of information and wisdom in this conference. Surrender any preconceptions about debting, follow the program, work the Steps at the best of your ability, no need to be perfect. You will experience transformation.

Attend and do the work, be an active participant, pay attention to what is happening and the process, be part of the group, and be of service.

Stay through the end, even if it feels like you are falling behind or not yet able to stay solvent or keep up etc. ... Take in what you can, keep coming back and you will start seeing the progress over time if you hang in there.

I recommend that you dive right in, just relax into this conference, and let it wash over you. It is structured, but once you catch the system, you will undoubtedly like it.



Do you have any suggestions to offer to future conference registrants? — continued



It's taken me a couple of cycles to cover all aspects of the [conference]. For me there were a lot of tools and suggestions that took time to implement into my daily life and thought process. I still have work to do.

Keep coming back — it's not a one-and-done thing. We are all blessed by the participation of everyone involved.

This conference can be a life-changing experience if you take the suggested actions to the best of your ability. We will meet you where you are at — progress, rather than perfection! Once you are ready to get a Step guide and work the program and conference materials, things will really start to change.

NOTE: Our group's 5th Tradition message is solvency first, Steps second, everything else third or later. You will hear this message frequently.

Do you have any suggestions to offer to the steering committee about improving the conference cycle for the benefit of future participants?

Great job. Thank you all for your ongoing consistent service.

Nothing more than what they already do as they take into account participant feedback while they continue to provide consistent and generous service by carrying the DA / BDA's message in this way.

I think the website needs to be streamlined — there is a ton of repetitive information across pages, and it is extremely onerous to read. → → → If we really want people — especially newcomers — to read every word of the website and materials, then removing some of the word for word paragraph-length repetition across different pages could make it more accessible. → → → I understand the importance of repetition for making a point, but I think this is actually leading to [FEWER] people reading the core points because people get overwhelmed with all the information and our brains automatically start to zone out when we see the same words over and over again.

I'm guessing there are benefits to starting at the very beginning. Although many good efforts have been made to explain and outline all the resources offered, it was difficult to comprehend. Perhaps a better understanding of the amount of time beyond "class time" that helps read through all of the resources. Maybe once a month it could be recommended to read through the table of contents or review the structure and timeline. I never got around to listening to previous recordings. **[NOTE: The conference is usually an average 6- to 8-hour commitment every week for six months.]**

How was your experience of *After Party* (<https://www.bdasolvency.org/about-after-party>)?

I love when I'm able to attend, the question time is helpful, and the group support is kind.

In the past I highly enjoyed attending. They are great

I enjoyed the discussions and format.

Always appreciate the *After Party* as both a chance to get feedback or support on a topic, question, or pressure, but also to provide support to other fellows. Inevitably, their question / pressure / topic will touch on something that I can apply or relate to in my own life or business.

I enjoyed the *After Party* and always felt safe and comfortable, like being among trusted friends — my fellow DA travelers. → → → Everyone's [experience] was valued, and I appreciated having the option to share about my progress in working the BDA Steps, ask other DA members for their experience, strength, and hope, or take part in sharing our gratitude lists. → → → I value the flexibility, camaraderie, and willingness to help one another shown by the DA members participating in the BDA Immersion Conference.

I enjoyed them although I found that after a [workshop] that is already a bit longer than my usual meetings — it became a bit too much time out of my day.

Overall good, but sometimes it was just too much screentime for me to be able to be really present. Maybe they could be shortened when the sharing is complete.





How was your experience of *Fellowship Drop-in* (<https://www.bdasolvency.org/about-fellowship-drop-in>)?

Sorry that I'm unable to attend regularly. Very grateful that [the host] made time to meet fortnightly.

In the past I highly benefited from attending.

I did not attend much but I think the format and extra time for questions and connection are good.

Same as the *After Party* experience but gives me that same opportunity midweek which is nice. Being midday during the work week can be a challenge, but when I can make it, it's a welcome break and opportunity to keep DA / BDA top of mind, reinforcing and strengthening my recovery.

As a newcomer to BDA, the weekly *Drop-ins* felt like a breath of fresh air — exactly what I needed to stay on track with my Step work and to feel centered and grounded in my BDA recovery. → → → I greatly appreciate the presence and support of the DA members from the BDA Immersion Conference, who listened to my struggles and generously shared their experience, strength, and hope. The progress I have made in my BDA recovery would not have been possible without their support.

These were great, but I fell out of rhythm with them. That's more of a personal issue than anything. When I did them, they were great.

I liked it when it was my question or problem. I am fascinated by the leader's rewording of questions and problems to make them more universal. It is interesting and complex.



How were the conference materials?

Fabulous, every time I re-read these, I find more hidden gems.

The content is great.

Incredibly helpful, thorough, and practical.

I recognize the tremendous amount of work that was put into developing the conference materials over the years, drawing on the collective wisdom of recovered and recovering business debtors in BDA. → → → The selection of literature is powerful and cohesive, and I especially appreciate the inclusion of AA literature, which strengthens the connection to the broader Twelve-Step fellowship.

Great! Materials are very clear and concise; they're in depth and helpful.

As a Step guide, it might be helpful to have some additional guidance / instruction for the Step guide during 4-6 and 8-9. I do get great support from my sponsor to be able to do this, and of course I have my own experience having gone through it — but some meta-instruction would be helpful.

The materials are amazing. Overall, they are fantastic. I may have comments after future cycles, but for now just a few small notes. **[NOTE: The offered suggestions will be reviewed and considered by the steering committee. Thank you!]**

I think the conference materials are top-notch. I have understood my general addiction better in my encounter with this conference. I have enjoyed learning more about bringing my Higher Power into my questions and conflicts, that it is my Higher Power's abundance, that I am shepherding. I have already felt empowered by the dogged determination to face the facts and not sugar-coat my addiction.

How were the workshop sessions?

Very grateful when I'm able to attend. The timing, the consistency, the ongoing support is fabulous.

The depth and format and participation are all helpful.

Always enjoy hearing the speakers share their experience, strength, and hope and the Q&A, followed by sharing by the group. The format is well-structured to keep us all with a singular focus / primary purpose yet without feeling robotic or monotonous.

The workshop sessions are extremely well-structured and thoughtfully organized. I truly admire the discipline, commitment, and effort of the [host] and the steering committee. → → → In just 90 minutes, I am able to listen to a fellow debtor's share, ask the speaker questions, and learn from the experience, strength, and hope of other BDA members present at the conference — while also having the opportunity to share my own experience in BDA. → → → I especially appreciate that the session recordings are made available the same day, which once again reflects the dedication and hard work of the [host] and the steering committee.



How were the workshop sessions? — continued

They were generally very good.

Always learning something new from my fellows in recovery — as long as I have an open mind the sessions are exactly what they need to be.

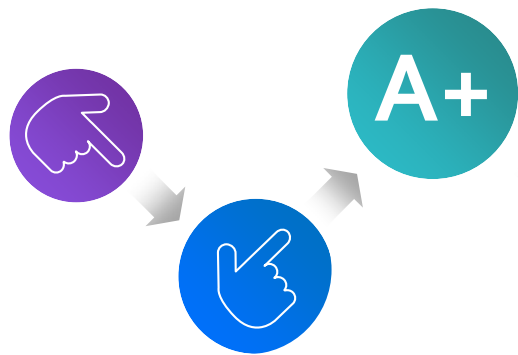
These were very helpful. I will say, sometimes the repetitive structure made it hard for me to focus and stay present, overall, these were amazing.

I have really enjoyed the workshop sessions, even if driving or eating while listening in. Quite a few of the participants are good coaches and good leaders already. I strongly admire the timekeeper, and the leaders, readers, and every point of service. I believe these functions will make us more than more polite upon completion, but genuinely more appreciative, more supportive, and kinder to others.



OUR NUMERICAL SCORES FOR CONNECTIONS AND CYCLE GOALS

4.9 — 98%
Resources for Connections
with Fellow Participants



5 — 100%
Synthesis of 60 DA and BDA
Program Elements



4.7 — 94%
Strengthen BDA Fellowship



4.9 — 98%
Overall Scores for Part 2



5 — 100%
Participant
contributions to free
literature and
public information



WHAT WE'RE OFFERING:

Our emphases for the BDA Conference are helping recovering debtors to immerse ourselves in the abundance of resources available to us in the DA and BDA program, all the resources, while also supporting each other in taking the 12 Steps, one Step every other week for six months. Solvency first, Steps second, everything else third or later ...

While encouraging and supporting our fellows in putting the program to work in our lives, we purposely DO NOT do any of "the work" for our participants or do anything to hold them accountable.

We believe accountability — to the Steps, to the homework, to preparation for workshops — is between each of us and our Higher Powers, and it's our Higher Powers that will connect us with Step guides, study buddies, and so on, if we're honest, open-minded, willing to listen, and praying for that guidance.

Were the resources we provided to connect with fellow conference participants — contact list, practice PRGs, *After Party*, and *Fellowship Drop-in* — helpful to you during this six-month conference cycle?

Very helpful for outreach and setting up PRGs. Thanks so much.

Very helpful.

They were great.

Yes, very helpful for reaching out to others, learning about the value of and structure of PRGs, as well as the *Drop-ins / After Party*. Through those various avenues I got to know a variety of attendees, share and receive experience, strength, and hope, which provided a great source of support throughout this conference cycle as well as prior cycles I have attended.

These resources were extremely helpful to me as a newcomer. Thanks to the contact list, I succeeded in finding a Step guide and started working the BDA Steps within the first month after joining the BDA Immersion Conference.

Everything is well-structured for what it needs to be.

Absolutely. Helped me build connections and fellowship.

I really appreciated the structure and organization of all of these connections. The practice PRGs were a godsend, and I grew a great deal from that exposure to others and the many styles. Again, a reminder to review this once a month or occasionally would have helped me. Lacking that, I treated those resources like Pandora's box.



For the second time, during this conference cycle, we integrated our “Help with PRGs” workshops into *After Party* on the weeks when we covered the 4s, part two, and the 5s, part two. If you participated, please let us know your thoughts.

This was great and we are embarked on continuing once it was completed.

I enjoyed it and thought it was a great chance to improve my recovery and get to know others better.

Thought it helped understand the structure and value to having a PRG. I hadn't done any prior to coming into this conference and now it's become an ongoing part of my recovery work thanks to what we did in the “Help with PRGs” workshops.

I wasn't happy with the matching this time. And I have been so busy, so I left our WhatsApp group.

The PRGs were not as in depth as I experienced in my last cycle. Things were much looser.

Very helpful and these had a big impact on my recovery.

The PRG experience and participation were extremely helpful to me as a newcomer in BDA. → → → After meeting with other recovering business debtors at the BDA Immersion Conference, I had the chance to develop solid action plans. Although the PRG experience was completely new to me at first, I now understand that it is essential for addressing my most pressing problems and struggles in BDA. → → → I consider PRGs to be one of the most valuable tools I have learned in my first months in the BDA Immersion Conference.

For the second time, during this conference cycle, we offered everyone currently participating when we reached the 9s the opportunity to select a helping professional or organization to receive DA's conference-approved books as outreach and public information. We consider this to be practice of the 11th Tradition, funded by our treasury, which includes your registration contributions. Thank you! If you participated, please let us know your thoughts.

Thanks for this. I've still not found it easy to find the most suitable groups, I hope this will be simpler in the future.

I don't think many groups do this. I think it is very helpful, and I really value it.

NOTE: Via this 11th Tradition project, we sent DA's conference-approved literature to 18 helping organizations and professionals in five countries. We thank our conference peeps for helping to fund and participating in this outreach activity.

This was also great and helped me see how I can be helpful in carrying the message outside the meetings.

I love that we are able to pay it forward and carry the message in this way. Especially the fact that each conference participant has the opportunity to select an organization or professional which greatly extends our group's reach and sphere of impact! I am hopeful we can continue to do this and in doing so help more people.

I appreciate the efforts of the steering committee in piloting the 11th Tradition initiative. Reaching out to potential organizations to send DA conference-approved books to other debtors was a meaningful experience where I could put Tradition 11 into practice and be of service to other business debtors. → → → This is a wonderful initiative, and I hope it continues regularly.

It was nice this time around as well, I already have an idea for next year since I went to an AA convention thing locally.

I did participate and I had some difficulty coming up with a relevant organization [on my own]. The guidance I received was to do some [online] research about a relevant organization — and I was able to find one quite easily.

Love this.

I had very cold feet, and was reluctant to provide the names, and even more reluctant to reach out myself. Next time, I will greet it with enthusiasm.

How did we do on ... the various elements of the DA program with the practical aspects of our BDA approach to doing business, developing a more complete recovery experience using the spiritual principles, promises, and tools available to us?

I love that we cover all the aspects of each Step / Tradition / Concept / tools and promises each week. It is so interesting and very full.

The conference can help us every time, like peeling layers in an onion.

Great to see for myself and to learn how others were doing it.

The elements of DA and the BDA approach are well blended and presented in a way that provides all an opportunity to apply them whether it's in their business, their work life, or personal life.

Great!

I believe that we are doing a great job here and keeping our focus on the right things in recovery.





Connecting the various elements of the DA program — continued

The conference materials for the 12 Steps, compiled by the BDA Immersion Conference, thoughtfully cover BDA spiritual principles, promises, and tools. As a newcomer, I feel I received excellent exposure to all of these while working through the BDA Steps. → → → During the workshop sessions, the speakers consistently followed a structured approach that fully addressed each of these elements. Similarly, the shares from BDA members also touched on these aspects, as each workshop was dedicated to one BDA Step and Tradition OR tools and promise.

I am all for connecting the elements of DA with the practical aspects of the BDA approach to business. I am in agreement that we develop a more complete recovery experience using the spiritual principles, promises, and tools which are available to us. That's why I'm sticking around.

How did we do on ... strengthening our BDA fellowship through the Steps, one-on-one support, and connection of national and international members through a focused, committed recovery and sharing environment?

The timing for Australia is very difficult, however, this will be the case for any country, as the world is round and we cannot all meet on a time zone that suits all. Otherwise, it is lovely to see cross cultures and international members from Europe and the Americas able to join.

I enjoy the contribution of each one of the participants, coming from all kinds of backgrounds.

Between the PRGs and *After Party* and all the sharing this was great.

This conference provides multiple opportunities for on-going one-on-one support, or support from the group members during the *Drop-ins / After Party* as well as a network of members from all over the world sharing their recovery experience with each other.

I had the opportunity to have several one-on-one support calls with different BDA members from the BDA Immersion Conference, including my Step guide. Their support has been crucial in helping me navigate my recovery in BDA.

My one-to-one support is excellent.

No concerns here — I think that we're operating well and in alignment with all program tenets throughout this process.

Absolutely. Has been invaluable.

I quite enjoy the international membership, as well as the differing approaches to life, to business, and to record keeping. I like the organization of the sharing environment.

Through registrations for this event, we raised \$2,640 for outreach to debtors and provision of free conference-approved literature to anyone who asks. How did it feel to contribute to these DA and BDA service efforts? Or how did it feel to receive a scholarship? — *Thank you all for your incredible generosity!*

NOTE: Visit <https://www.bdaworkshops.org/treasury-reports> for treasury reports.

Thanks, it's great to know this money is being put forward to help other debtors.

I am very happy to contribute regularly.

Always good to support a good cause.

It felt a bit awkward to receive a scholarship but I'm very grateful.

I loved the fact that there was a scholarship when I started, it really touched me and helped. Happy to contribute today especially now that I have savings thanks to what I've learnt in the [conference].

I feel extremely grateful to have been offered a scholarship for the BDA Immersion Conference. → → →
I am excited to take part in the upcoming BDA Immersion Conference and, in the future, to share my recovery with other business debtors, especially newcomers to BDA.

Pretty cool we're providing these resources for free!

So cool. And I am thankful for the scholarship which allowed me to participate without financial worry.

The provision of free literature is a great part of this conference. I'm not sure I would have come to that conclusion on my own. I'm glad we offer a scholarship, and I am glad that it is one-time only.

Feels great to see we were able to raise that much to do outreach! The free conference-approved literature was a "selling point" for me coming in, but I have since shared it with others and am grateful that we are able to collectively give that opportunity to others. The entire conference experience has been transformative for me and the literature and online resources this group provides was the gateway that allowed that to happen.

OUR NUMERICAL SCORES FOR PERSONAL PROGRESS IN DA AND BDA

Did you make progress on the Steps?
Did you complete the Steps?

Rating: 5 100% A+

Did we help prepare you to be a
more confident sponsor or
trusted servant?

Rating: 5 100% A+

Did we help prepare you to be
a business owner or a more
confident business owner?

Rating: 4.9 98% A+

Overall scores for part 3

Rating: 4.9 98% A+

Did you make progress on the Steps during this conference cycle? Did you complete the Steps?

Steps 6 and 7 were so helpful this round. Thank you. Still working through the last Steps, in this round.

The conference keeps me in my journey to recovery, has made a big difference in my life.

Yes, on my understanding and in guiding others.

I was able to guide someone else through the Steps this time which has helped strengthen my recovery and reinforce my understanding of the Steps, along with the tools, Traditions, promises, and Concepts we cover.

Yes, this cycle helped me discover a Step guide and effectively work through Steps 1 to 5 of the BDA process.





Did you make progress on the Steps during this conference cycle? Did you complete the Steps? — continued

Yes, I'm almost finishing Step 11, and I look forward to Step guiding if it's God's will for me.

Yes, I have been guiding a fellow through the Steps after having completed the Steps myself.

Undeniably. I have never worked the steps in BDA like this in 3 years prior to the conference. It has been transformative in such a deep and spiritual way.

Yes, I was better able to complete Step 4 for my current sponsor. I look forward to completing the entire Steps, and I now understand I had better just plan to "start all over again". It will help me guide someone else. → → →
I look forward to my own growth in this conference. I agree that if there is something that must be done that we know we are going to do in the long run, it is best to do it on time or early.

NOTE: Please visit www.bdasolvency.org/taking-the-steps. If you want to take the Steps, please ask us to help. We will.

Did this conference help prepare you to be a sponsor or a more confident sponsor? A more confident trusted servant?

Helped in other 12-Step programs to sponsor, as the references to the Big Book are helpful in other programs. Not yet sponsoring in this program.

It is a symbiotic relationship. Win — win.

Yes, after being Step guided and now sponsored, I have a clear framework for sponsoring which makes me feel more confident to sponsor in the future.

I've been learning a great deal from the experience, strength, and hope of my Step guide, as well as from other debtors I connected with through one-on-one calls during the BDA Immersion Conference. I now understand that in order to maintain the progress made in my recovery, I need to share it with another debtor.





Did this conference help prepare you to be a sponsor or a more confident sponsor? A more confident trusted servant? — continued

Yes, to both.

Sure, I do and will continue to offer my service and experience outside of the rooms with great confidence.

I would say so, yes, the more experience I gain as a Step guide the more I understand what it means to be a trusted servant.

Yes, looking forward to carrying the message.

Yes, I am starting to see how I could be an effective sponsor. I am learning how I can be kind to someone without letting them walk on me or tell me a BS story.

NOTE: Please visit www.bdasolvency.org/taking-the-steps. If you want to take the Steps, please ask us to help. We will.

Did this conference cycle help prepare you to be a business owner or a more confident business owner?

I'm much more organised than before and looking forward to regular PRGs to help with accountability.

I think so.

Absolutely.

Absolutely! The strides that I have been able to make and take in my business have been undoubtedly linked to the work we do in this conference. I have gained (slowly but surely ... and still a work in progress) much more confidence in not only my abilities, but in my faith in a Higher Power that guides me and directs me.

I've begun exploring this idea from a healthier and more grounded place than ever before. However, at this time, I don't have any concrete plans to start my own business.

Yes, but I'm aware there's more work to be done.

Yes, in the sense that I am becoming more open to following the path of my Higher Power day by day.

I have faith that I can do this — if it's God's will — through BDA and the fellowship of the conference specifically.

This helped me aspire to be a business owner, and to face the paperwork and record keeping that would enable me to be successful at knowing if I am actually providing a service, and if I am actually making any money doing it.



If you could make changes to this conference *for the benefit of future participants*, what would they be?

Only the timing.

No suggestions, I like the 90-minute [workshops] instead of 2 hours.

I am not sure this is a possible change, but the participants doing a better job of understanding and following the format and structure, trusting the process sooner.

Emphasize to new members to keep coming even if they feel they “can’t keep up” with the work or feel overwhelmed by the material. Finding some way to get them to see (or hear from) others that have found value even if not working the Steps or if they fall behind etc. (We kinda do this as a whole but just wondering how to reinforce more early on to encourage more to stay until the end.)

No changes that I can recommend.

That we be allowed to use the built-in timer in Zoom on screen.

1. I think I may have made this suggestion last time, but I think it’d be helpful for future participants to have the Steps and / or promises read at some point in sequence more regularly (not a strong opinion here, just something I would like).

2. I honestly do not have more feedback about changes here — I’m content with things the way they are.

If you could make changes to this conference *for the benefit of future participants*, what would they be? — continued

1. Streamline the website — I believe this will lead more people to join and stay engaged in the conference.
2. Maybe ask people to do their best to commit to a certain amount of *Fellowship Drop-ins* — [maybe] 2 per month?
3. Sometimes when we got through sharing more quickly and had time leftover, it felt like we were just adding extra shares to take up space and sometimes lead me to zone out. Maybe it's okay to end the workshop portion early and move to *After Party* [sooner] sometimes — if the shares are done early? Just a thought.

1. To explain better what their time commitment, both online and in homework, is going to be. **[NOTE: The conference is usually an average 6- to 8-hour commitment every week for six months.]**
2. To mail pizza and warm chocolate chip cookies to arrive during the *After Party*.
3. To coach people to speak into their phone [or other device] clearly and properly, show their mouth on screen for lip-readers (me, sort of), and organize their thoughts.



Can you name three things about the conference cycle that you would not want to see changed?

I love the conference as it is ... Appreciate the timing for each part of the workshops, and that we get around the room for questions and comments. Love that the speakers are prepared well and have the chance to practice their share to get the key points into the 15 mins effectively. Love that there is someone to introduce and end each workshop, who is reading the introduction and ending. Love that everyone is encouraged to stay after the break. (Love the breaks also.)

Can you name three things about the conference cycle that you would not want to see changed? — continued

I really like the directness with which [the host] speaks to participants.

The praise and thanks for participants.

The Higher Power lessons should not change.

No structural changes.

Good structure.





Can you name three things about the conference cycle that you would not want to see changed? — continued

The format / structure / pace. We cover a lot of ground in record time, but it keeps things moving, it's succinct and pushes us to stay in action, rather than resting on our laurels. 😊

After-Party / Drop-in sessions


Free literature and outreach.

Weekly speaker's shares every Saturday; speakers' recordings available online; the midweek fellowship which is aimed to provide valuable support for business debtors in need.

Can you name three things about the conference cycle that you would not want to see changed? — continued

1. Our diligence as we focus on properly aligning with program principles.
2. The community that we have developed and maintained in harmony.
3. The consistency of everyone in this cycle — feels like a quite consistent group.





Can you name three things about the conference cycle that you would *not want to see changed?* — continued

1. The structure.
2. Length of [weekly workshops].
3. Outreach with books.

The materials are great.

The encouragement especially to newcomers.

I like the midweek [drop-ins].

1. The focus on solvency and the Steps.
2. The structured sharing.

Did we focus enough on DA and BDA recovery in business and at work for your needs and wants? Enough on the spiritual aspects of recovery, which we sometimes refer to as “turning our work and business into a spiritual activity”?

Great balance of spirituality and businesses. Very helpful.

I think there is a good balance.

Yes, to all of that.

Yes, this is well done throughout.

Yes!

Yes.

I practice a spiritual life anyway, so I have just included it into my normal habits having realized that money too comes and goes according to God and belongs to God.

Definitely.

Absolutely — I don't have any doubt in my mind about this aspect of the program.

I didn't really hear that part stressed, so perhaps not. I try to live my life as a meditation, so I would add that to turn my work and business into a spiritual activity.



Are you willing to be a BDA Step guide for the next cycle of conference registrants?

Yes.

Not to new people, I have health issues and very limited energy.

Yes.

Yes.

Yes, I am willing to Step guide a newcomer in the next conference cycle.

No, I'm not ready yet.

Yes.

Yes.

If [my Step guide] suggests it, I am willing. I am a little concerned about having enough time to meet all my obligations, but open to the discussion.

No not ready.

NOTE: Please visit www.bdasolvency.org/taking-the-steps. If you want to take the Steps, please ask us to help. We will.

During a previous BDA Conference cycle, in 2020, we wrote BDA promises together.

Short form of our BDA Promises, submitted to WSCs 2020 and 2021 for consideration by the BDA Committee:

1. We are committed to our recovery from compulsive debting.
2. We are growing spiritually and are unafraid of letting others know about our recovery.
3. We properly fund our personal lives and live within our businesses' means.
4. We are rapidly becoming free of shame.
5. We focus on learning from our experiences and grow to appreciate both positive and negative feedback.
6. We have positive self-esteem.
7. We can identify and define the contributions we make.
8. We see ourselves as equals with everyone we meet through our jobs or businesses.
9. We charge appropriately for our time and services.
10. We are clear about our limits; we set boundaries.
11. We are engaged in work that is fulfilling and rewarding.
12. We know that we are enough.

We have found that it is only through working the Twelve Steps of Debtors Anonymous that lasting solvency, recovery, and serenity may be obtained for our businesses and ourselves. Until we take all Twelve Steps, these promises for business owners and the other promises of DA will likely remain out of our reach. Please take the Steps and join us in the new life and experience described here.

BDA Solvency Immersion Conference

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<https://www.bdasolvency.org/all-da-members-are-welcome-here>

<https://www.bdasolvency.org/lets-leave-outside-issues-out>

www.bdasolvency.org/taking-the-steps

<https://www.bdasolvency.org/tool-tips-for-da-and-bda>

www.bdasolvency.org/contact

Many more pages and resources are available in the registrants-only, password-protected area of our website. Please register and join us!

BDA Solvency Immersion Conference

— Next Cycle
Starting Soon —
Saturdays, July through
December 2025
Visit bdasolvency.org for all
the details.

